## SPIRITUAL CARE Series

Spiritual Care Series is an eight-part course that provides participants with everything from a realistic understanding of the ageing process, to practical techniques for re-connecting people with their pasts, and coping with the losses that come with the ageing journey.

## **Topics include:**

- Understanding the Ageing Journey
- Spirituality in Ageing
- Good Communication
- The Power of Storytelling
- Dementia
- A New Home and a New of Life
- Loss, Grief, Death and Dying
- Roles, Boundaries and Self-Care





March - April 2023; Every Wednesday



6:30 - 8:30 pm



Primrose Gardens 2099 Primrose St. Abbotsford

Cost:

\$40 for materials

Register by email: Kevin.Downey@mennoplace.ca